

COLESTIN VALLEY BUZZ

May/June 2004

The Power of TP

- 423,900 trees
- 1 million cubic feet of landfill space, equal to 1,600 full garbage trucks
- 153 million gallons of water, a year's supply for 1,200 families of four

According to the packaging on each roll of Seventh Generation 100% recycled toilet paper, this is how much we could save if every household in the U.S. replaced just one roll of 500 sheet virgin fiber bathroom tissue with 100% recycled ones. I was by told by consumer relations at Seventh Generation that these statements are based on 105 million households and were calculated by an external research firm. I share this with you because it struck me that small individual acts have large collective effects.

"Life is not a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in broadside, thoroughly used up, totally worn out, and loudly proclaiming--- **WOW! What a Ride!"** an email offering of unknown origin.

Down with DUST

There are three ways to deal with road dust:

1. Paving
2. Use of retardants
3. Reduced driving speeds

Use of Retardants

Thanks to Kevin Culhane who is organizing dust abatement from the railroad crossing at Fire Station 1 to the cattle guard near mile marker 4. Area neighbors are working together to underwrite the cost. For your information, cost is .44/ft for a minimum of 500' on county road. Price is .80 on local access road. Price drops to .37/ft for 1001'-2500' and .29/ft anything over 2500'. The material sprayed on the road is water (53%), liquefied tree pulp (27%), sugar (12%), and ash (8%).

Reduced Driving Speeds

What follows is excerpted from the Forest Lakes Owners Association (FLOA) Newsletter Spring, 1998 in Forest Lakes, AZ. They express observations and solutions shared by myself and others. Dust Dust from here to there, Dust Dust everywhere!

"The 3rd option for dust control is free and is 100% effective in theory. People can drive very slowly during high dust times. The difference

between the dust cloud at 25 mph and 15 mph is very noticeable (check it out in your rear-view mirror). We can voluntarily adopt a self-imposed "no dust" speed limit. Watch your dust wake and slow down as much as you can. FLOA is constructing small "no dust, slow down" signs that residents may pick up at board meetings or at the library. Some are on a stick that you can put in the ground near the road; others can be nailed to a tree. These should only be put up in problem areas. We don't want to clutter up the area with too many signs, but some residents on the main roads need to remind the drivers to slow down. Please try to develop a "no dust" consciousness when you drive during the dry season."



Personally, I wouldn't mind a few well-placed signs such as the FLOA produced. Anybody else have an opinion or want to take action?

Watching dust billow up behind cars traveling the Colestin Road, I wondered if the dust interfered with plants' respiration or had other deleterious effects. A bit of research confirms that dust (as well as pollutants from auto exhaust) does interfere with the normal respiration processes of fungi, soil enzymes, plants and people. Another good reason to reduce speed and finally:

Slow Down and Smell The Ceanothus

A request from your neighbors: **Please folks, slow it down when driving** in the neighborhood part of the Colestin. There are small children, dogs, cats, and old women who would be especially grateful!

ON THE MOUNTAIN

A colony of gnarls and knots,
Scattered settlements,
Rough, rugged, richly aged
Punctuations on the mountain
In scrub oak serenity.

First in a whisper
Afternoon winds tiptoe
On the ridge gathering courage
In large breaths, boasting aloud
In mighty sighs before
Leaving in calm
Fulfillment

The yap and howl in the midnight sky
Coyote music
Falls
To
Earth

by Nancy J. Bringhurst

Colestin Fire District

Blankets Available

The Fire Department now has beautiful blankets for sale as part of fundraising efforts. These weighty blankets have a red fire emblem and "Colestin Fire District" woven into a rich blue background. The blankets are 100% acrylic for easy care and approximately 60" X 80", or twin bed size. They are 35\$ and can be ordered through Cheri Avgeris 488-1768. Just right for keeping cozy when the evenings are still chilly!

what's happenin' hereabouts

Thanks Mouna Wilson

- Stateline is now serving breakfast!
- Fresh asparagus is available at the Stage Coach Organic Farm. Just put your money in a jar and help yourself. \$2.50 a generous bunch.
- Fresh eggs are just a little farther south of the Farm--\$2.00 a dozen in a cooler with a place to put money.

So fresh! So good! Thanks to the local providers!

Yo Bear

Benjamin Kilham, biologist in Lyme New Hampshire and coauthor, with Ed Gray, of *Among the Bears: Raising Orphans Cubs in the Wild*.

If you encounter a black bear Don't panic, run or yell. Instead act calm...stand your ground...look at the bear and talk softly to it. A pregnant female or a mother with cubs might growl, swat the ground or false

charge you but still is unlikely to hurt you. Most black bears will leave of their own accord after determining that you are not a threat. Bears read body language, so it is important to maintain as much composure as possible.

Mountain Oasis Spa a Gem

I basked in a few hours of pampering spa treatments recently at the home of Karen Scheer, LMT and proprietor of Mountain Oasis. My experience began with a dry brush exfoliating treatment. Karen's technique is vigorous and stimulating without being abrasive, and she has brushes of several stiffnesses to suit any preference. Then followed a sauna, which you can enjoy dry or steamy. Massage, with special attention to my feet, highlighting Karen's skills in Reflexology, was the coup de grace. A shower adjacent to the massage room and sauna is available for cool down, or for alternating hot and cold therapy. Karen's "Good Scents" essential oils blends enhance physical, spiritual and emotional well-being. I recommend a visit to everyone, I know you'll be delighted and happily scheduling more time for relaxing self-care. Gift certificates available. Call Karen at 301-4911.

"If we could read the secret history of our enemies," Longfellow reminded us, "we should find in each man's life sorrow and suffering enough to disarm all hostility."

Services Available

Let's shop locally and support our neighborhood economy!

I'm updating the **PROFESSIONAL RESOURCES LIST** for the valley-mountain for publication in the July/August Buzz. Call me 541-821-5479 or email lbuttrey@starband.net with your submission. Include the services you offer and contact info. Any and all services are welcome - tree work, babysitting, plumbing, accounting - you name it! **DEADLINE JULY 15TH!**

For Sale

- **Outdoor florescent lamps**, five of them @ \$20 each. New they list at over \$100 each. They all work and are in good condition
- **Harris pelton wheel**, new. Includes a rheostat control and an Amp meter. Needs about a 50 foot head. Asking \$850, comes with a garbage can set up for water catching. Never used, new price is just over \$1,000.

I stand behind everything sold - No Gambles! John Connors 530-475-0512

Upcoming Events

4th of July Parade in Hornbrook

Don't miss this unique and rather brief event that is definitely a hoot!

BIG Annual Yard Sale

Hornbrook * Saturday, May 29 * starts at 8:00 am

The Kay Bryan Thrift Store will be participating in this event. Donations for the Thrift Store are greatly appreciated, and can be picked up by calling Mouna at 488-1469 or delivered to the store Thursday through Saturdays 9:00 to 3:00. Anyone wanting to have a table at the sale should just come early (before 8:00) and set up. It's a Hornbrook tradition, so the turnout should be good. Word of the Sale is out in the Nickel and in the Ashland and Yreka papers.

RURAL COMMUNITY ORGANIZING “101”

(AKA: Just because you Live in the Boonies Doesn't Mean You Can't Get Along With Your Neighbors!)

The Jackson County Small Woodlands Association will host a panel discussion on how to work through problems or issues at the neighborhood level. The five panelists are all “sparkplugs” in their communities, and have brought neighbors together to address common concerns, even when everyone didn't always agree or get along! They come from across the county: Dark Hollow, the Greensprings, the Applegate and Old Battle Mountain Road.

This meeting is open to the public, free, and will be held on Wednesday evening, May 26, 2004, at 7:00 pm in the OSU Extension Auditorium, located at 569 Hanley Road, Central Point. Please call the OSU Extension Center at 776-7371 to RSVP or with questions.

F. Y. I.

Jackson County Small Woodland Association Education Session *usually* happens on the last Wednesday of every month at 7 PM. Call the OSU Extension office at 776-7371 to confirm and learn more.

IRISES AT INDIGO RAY'S

Everyone is invited to view the magnificent iris blooming now in Indigo's garden. You are welcome to stop in now until June 26. Call Indigo at 482-4939.

Buzz by Email

I know I know, git 'r done already! And I shall! The list of folks who have given me their email addresses is quite small compared to how many I reckon are out there. If you've not received an email from me on this subject, it means I don't have an up to date email address for you. If you'd like to receive an email Buzz, please take the time to email me at lbuttrey@starband.net. Thanks a bunch.

Colestin Valley Buzz

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