

COLESTIN VALLEY BUZZ

Sept/Oct 2005

Colestin Rural Fire Department News

by Katherine Brafford, Junior Volunteer

The CRFD has responded to five calls during the last seven weeks. Of these calls, three were medical calls and involved two vegetation fires. Both fires were quickly extinguished. Chief Avgeris praised our community for our caution during fire season. Our efforts have paid off. As a community we have avoided starting fires. Other communities directly to the south of us were not as fortunate. One fire on September 17 burned 500 acres and required four air tankers and three cats to put it out! Chief Avgeris warns that even though temperatures have cooled and we've had a bit of moisture, we are still in fire season until mid-October. Please continue your efforts to keep our Valley safe.

Power-laden winds sweep North America

by S. Perkins in Science News, July 16, 2005, Volume 168

Since many of us locally are very familiar with alternative energy, I thought this might be of interest.

There's ample wind in the United States to supply all the country's electricity, according to Mark Z. Jacobson of Stanford University and his colleague Cristina L. Archer. They base that claim on data from about 2,400 locations in North America. Wind power can be produced economically if the average wind speed at windmill height exceeds 6.9 meters per second [15.4 miles per hour], the researchers note in an upcoming *Journal of Geophysical Research (Atmospheres)*. Wind blows that strong in broad swaths of the Great Plains and the continent's coasts...All that's needed for U.S. utilities to generate as much electrical power as the nation now consumes, the researchers calculate, are around 750,000 1.5 megawatt wind turbines.

Blood Donation Opportunities

12-Oct
Oregon Shakespeare Festival
Siskiyou Blvd & S Pioneer
Ashland
10:30am - 3:30pm

21-Oct
First United Methodist Church
175 N Main St
Ashland
12:00pm - 5:00pm

Facing Down Fear

by Marjorie Abrahms in Bottom Line Personal August 15, 2005

We live in an age of fear, a time when we no longer feel safe. We people now blame terrorist attacks, such as the July 7 bombings in London, and the threat of natural disasters, such as the deadly tsunami or the Gulf Coast hurricanes, for our current sense of unease. But Rabbi Shmuley Boteach, formerly of Oxford University, believes that the root of the problem really lies within each of us.

"In the past, Americans' sense of security was founded on their strong families and faith in God, things that could not be taken away. But these days, many people equate the word 'security' with financial security. Financial security can be taken away, so we feel fear. In other words, we worry about terrorist attacks because we don't feel emotionally and spiritually secure," says Rabbi Boteach, author of *Face Your Fear: Living Courageously in a Culture of Caution* (www.shmuley.com). Here are his strategies to help lessen the fear we feel...

Separate caution from fear. Caution is an intelligent response to a real threat. Fear, as Rabbi Boteach defines it, is an exaggerated response to an imagined or exaggerated threat. The trick is telling the difference. When an apparent threat looms, remain calm and take a dispassionate look at the true danger. Then take reasonable precautions.

Example: We all know that we are more likely to die in a car crash than in a terrorist attack. Therefore, wearing a seat belt is a sensible precaution. Building a \$10,000 bomb shelter in the backyard is surrendering to fear.

Be a leader. Fear is selfish-it turns us inward. When we take responsibility for others-our families, our friends, even total strangers-it forces us to turn outward, to realize that there is something beyond ourselves and our fears.

Examples: Richard Picciotto, a New York City fire chief, led 20 injured civilians and several firefighters to safety as the World Trade Center collapsed around him. When I asked him how he had overcome his fear, he told me that the others needed him and he couldn't let them down. The late Christopher Reeve faced tremendous fear when he was paralyzed. Rather than surrender to that fear, the actor became a leader in the efforts to find a cure for paralysis.

Choose righteousness. How is the Dalai Lama able to stand up to the Chinese government? He believes his good causes are more important than his own life. His righteousness gives him courage. If we are scrupulous in our behavior, we gain strength and courage.

Do something. Fear can immobilize us. Forcing ourselves to do something - anything - can change our focus and free us from fear.

When soldiers are asked whether they're frightened in battle, they often answer that they're not while they're fighting but they are while they're sitting around waiting for the fighting to begin.

Remind yourself that fear holds you back. Fear makes people afraid to marry, so they remain lonely. It makes people afraid to explore the world, so they remain disconnected. It makes them afraid of dying, so they don't allow themselves to live fully. And it makes them so fearful about their children that they raise kids who are fearful themselves. We must each do our part to face down fear.

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FREE GOAT MANURE COMPOST

Either u-haul or coordinate with local dump truck owner for larger loads.

Call 821-8291 for details.

For Sale

SEASONED PINE FIREWOOD

Full Cord.....\$145 2/3 Cord.....\$100 1/2 Cord.....\$75 1/3 Cord.....\$50

Price includes local delivery ***** Easy to handle stove-length wood

Oak may be available at a later date. Call Sandy at (530)475-3228 or (530)340-2058

Found

Magnetic key holder with keys in it, found on Hilt Road. Call Taylor at 530-475-3726 to ID and claim.

Upcoming Events

COLESTINE VALLEY'S "UNIQUE BOUTIQUE"

Join us on November 20, 2005 at 2205 Hilt Road from 10 am to 4 pm for a preview of our exciting line of handcrafted gift, fashion, and décor items, Our friends in the Colestin Valley and Hornbrook will have an exclusive first chance to preview and purchase unique and affordable holiday gift and fashion items at lower than retail prices before we show them at area craft fairs and in local stores. Several local craftpersons will be showing items at this open house as well as some from Ashland.

Refreshments will be served. Guests are welcome to come anytime during the open house. For more information, call Joy McKinley at (530) 475-3228 or Shari Peterson at (541) 488-8256.

WE'LL SEE YOU THERE!

Jackson County Small Woodlands Asso and OSU Extension monthly programs

Please call 776-7371 to confirm date, time and details.

- Thurs Oct 20 at 7, *Diagnosing and Treating Forest Insect Problems*
Sat Oct 22 Field Tour
- Tues Nov 15 at 7pm, *Creating a Forest Property Management Plan*
Sat Nov 19 Field Tour
Thurs Dec 15, *Conservation Easements*

Colestin Valley Buzz

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Next BUZZ
Deadline
Nov 15, 2005



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